

Question Card

Q. You bought 7 apples at 0.5 Euro each, ate 4 of them, and threw away the rest.

How much money did you waste?

A: 2,5 euro

B: 1,5 euro

C: 4,5 euro

Question Card

Q. In some countries surplus food is not thrown away but used for donations. What are such systems called?

A: Food banks

B: Food repositories

C: Food dumps

Question Card

Q. In 2021, more than 58 million tons of food was wasted in the EU. How many euros does that equate to?

A: 102 million euros

B: 52 billion euros

C: 132 billion euros

Source: EUFIC, Food waste statistics

Question Card

Q. Which of the following is healthier to eat?

A: Rye bread

B: Banana bread

C: Crackers

Question Card

Q. Which food category has the biggest CO2 impact on the climate from it's production?

A: Fruits and Vegetables

B: Pulses

C: Meat

Question Card

Q. Which fruit is not grown in Europe?

A: Apples

B: Bananas

C: Strawberries

Question Card

Q. How many percentage of climate impact comes from food production and consumption?

A: Around 10 pct

B: Around 30 pct

C: Around 50 pct

Question Card

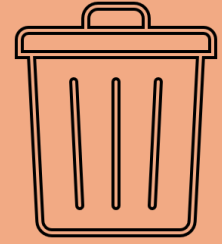
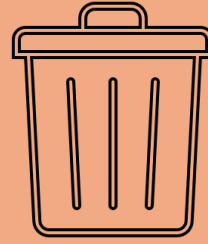
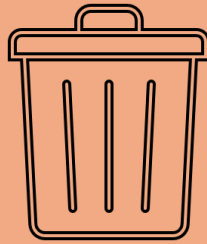
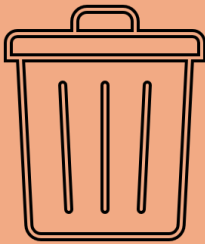
Q. In 2021, over 58 million tons of food was wasted in the EU. How much CO2 does that equate to?

A: 252 tons of CO2

B: 252 thousand tons of CO2

C: 252 million tons of CO2

Source: [Source: EUFIC, Food waste statistics](#)

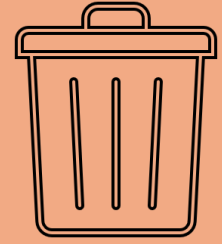
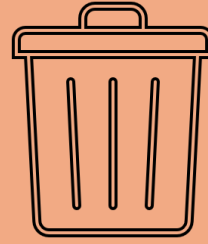
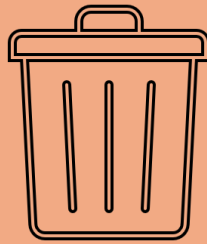
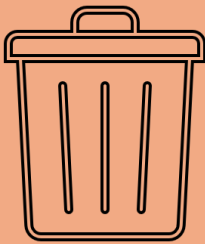


CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT



CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT

Question Card

Q. It's important not to waste food because some people don't have enough to eat. Do you know how many people in the world don't have enough food?

A: Approximately one in five people

B: Approximately one in nine people

C: Approximately one in 12 people

Source: Om Madspild - Stop Spild af Mad - Hvorfor undgå madspild? Læs mere

Question Card

Q. Approximately 1/3 of all food produced for human consumption is lost or wasted. How many people would that be enough to feed?

A: About 1 billion people

B: About 2 billion people

C: about 7 billion people

Source: [FAO-Food and Agricultural Organization](#)

Question Card

Q. Out of the following three EU countries, which country has the highest amount of food waste per inhabitant?

A: Denmark

B: Sweden

C: Croatia

Source: [Source: EUFIC, Food waste statistics](#)

Question Card

Q. Out of following three EU countries, which country has the least amount of food waste per inhabitant?

A: Belgium

B: Cyprus

C: Slovenia

Source: [Source: EUFIC, Food waste statistics](#)

Question Card

Q. Which of the following snacks are the healthier?

A: Vegetables sticks

B: Cookies

C: Salty chips

- Adding salt and sugar to snacks makes them taste good but also makes them unhealthy.

Question Card

Q. Which kind of snacks are a healthier option?

A: Dry fruits

B: Cookies

C: Salty chips

- Adding salt and sugar to snacks makes them taste good but also makes them unhealthy.

Question Card

Q. How grams of fruit and vegetables are recommended to eat daily if you are a child?

A: 100 g

B: 400 g

C: 600 g

Question Card

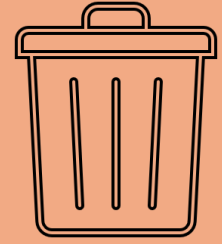
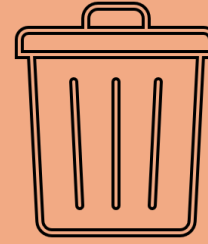
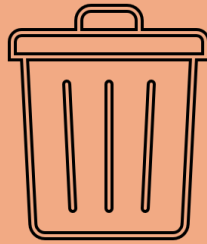
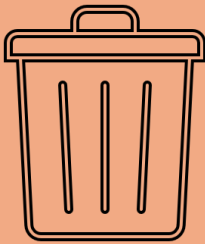
Q. In 2021, over 58 million tons of food was wasted in the EU. How many kilos per person is that?

A: 31 kg per person

B: 131 kg per person

C: 231 kg per person

Source: [Source: EUFIC, Food waste statistics](#)

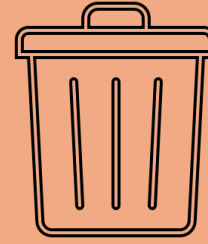
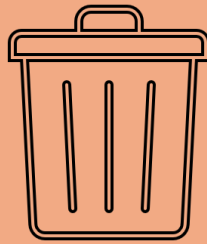
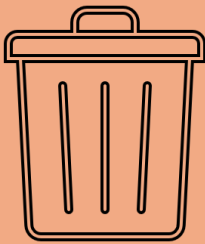


CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT



CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT

Question Card

Q. Why are ugly fruits and vegetables often thrown away?

A: They don't look perfect

B: They are not healthy to eat

C: They taste bad

Question Card

Q. What is one good reason to buy ugly fruits and vegetables?

A: They are healthy to eat

B: They might be wasted

C: They last longer

Question Card

Q. How does it help the planet if you buy ugly fruits and vegetables?

A: Reduces food waste

B: Needs less packaging

C: Uses less water

Question Card

Q. What can we do to help ugly fruits and vegetables get eaten?

A: Only buy the perfect looking ones

B: eat them whenever we have them

C: Complain about how they look

Question Card

Q. Which option reflects the concept of the “(New) Nordic diet”?

A: Fresh and local ingredients as much as possible

B: Fish, and whole grains from Nordic countries

C: Both of the above options

Question Card

Q. Cultural norms around food differ around the world. In Peru a very popular dish is ceviche. Ceviche is fish, which is:

A: Served raw after being marinated

B: Served after being cooked instantaneously

C: Served after being dried for 3 months in the sun

Question Card

Q. Bacalao is salted dried codfish. It is also the delicacy and national dish of which country?

A: Cabo Verde

B: Portugal

C: Brasil

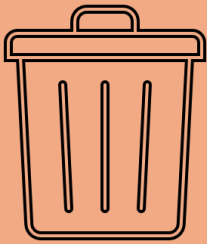
Question Card

Q. Which option reflects the concept of “Mediterranean diet”?

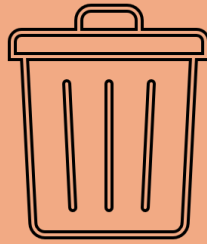
A: Plant-based foods and healthy fats

B: Fish and seafood, legume and nuts

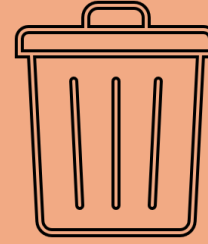
C: Both A and B



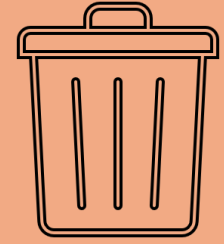
CHORIZO
PROJECT



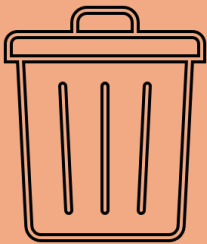
CHORIZO
PROJECT



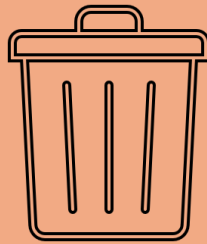
CHORIZO
PROJECT



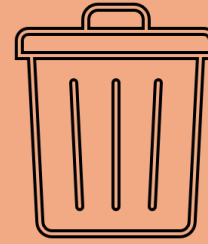
CHORIZO
PROJECT



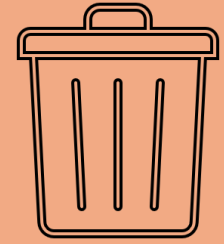
CHORIZO
PROJECT



CHORIZO
PROJECT



CHORIZO
PROJECT



CHORIZO
PROJECT

Question Card

Q. Researchers have a name for pickiness. What do you think it is?

A: Food neophilia

B: Food neophobia

C: Foodomania

Question Card

Q. Research shows that dislike of smelly food is:

A: A basic human phenomenon, which cannot be changed

B: Influenced by culture

C: Always go away as we grow older

Question Card

Q. What does the ‘Best-before’ date on food products mean?

A: It is unsafe to eat the product after the date

B: The product can still be good after

C: It does not mean anything

Question Card

Q. What does the “Use-by” date on food products mean?

A: It is unsafe to eat the product after the date

B: The product can still be good after

C: It does not mean anything

Question Card

Q. What could be a good strategy for an apple with little brown spots?

A: Throw all the apple because it is a sign of a bacterial attack

B: Throw all the apple because it is unsafe to eat

C: Brown spots do not affect the taste so remove it and eat the rest

Question Card

Q. Which option is most right for fruits and vegetables that have ugly shape and look?

A: Wonky cucumber or carrot have less nutrition

B: Ugly looking apple or pear taste bad

C: Ugly shape and looks do not affect the taste and Nutrition

Question Card

Q. Your apples and cucumber are cut in the morning but to be eaten later. But after 3 hours they look dry and brown. What would you do?

A: Just throw out

B: Dont worry - they are safe to eat

C: They are unsafe to eat

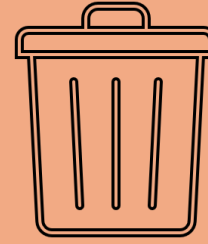
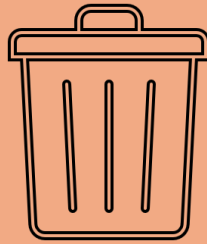
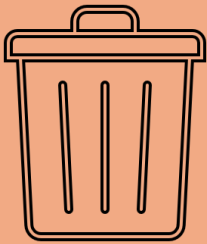
Question Card

Q. Food pickiness, or neophobia, is a common habit of avoiding certain foods due to their appearance, taste, or smell. Which is true about pickiness?

A: Pickiness is in your genes – once picky, always picky

B: Pickiness can be overcome through repeated exposure

C: Pickiness can be overcome through medication

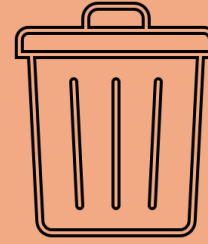
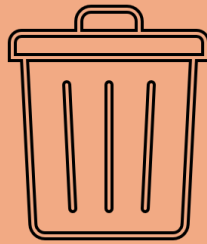
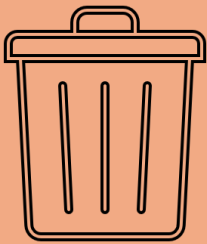


CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT



CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT

Question Card

Q. Which sector is responsible for the highest food waste in “Europe”?

A: Households

B: Supermarkets

C: Restaurants

Source: According to EU Commission (2020), the highest is 54% or 70 kg per inhabitant

Question Card

Q. Who said: "There is enough food in the world, and yet millions are starving. If we don't do something drastic, it could mean a catastrophe for the planet"

A: Former UN Secretary-General Ban Ki-Moon

B: The president of USA

C: The Danish queen

Source: Herleverden Skole

Question Card

Q. The French concept of “commensality”-practice of eating together- to create some kind of positive social connection between people if they sit down and eat together. Is it?

A: 100% fake news

B: Yes, it is true, but it only works in France

C: Yes, that is true

Question Card

Q. Why is it important to talk about food waste with your friends and family?

A. To make them feel bad

B. To raise awareness and find solutions together

C. To be able to say that at least you did something

Question Card

Q. Which of the following statements is right about date marking?

A: Use-by related to food safety (do not eat after)

B: Best-before related to food quality (still okay to eat)

C: Both A & B

Question Card

Q. Research shows that the bigger the plate you have the more food you put on the plate. Is it?

A: Fake news

B: True

C: Only true for older people

Question Card

Q. The UN's Sustainable Development Goals have a goal of reducing food waste among consumers and retailers by 2030. How much is the goal?

A: 40%

B: 50%

C: 60%

Question Card

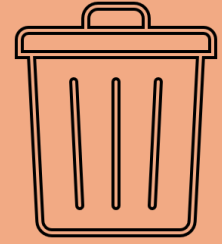
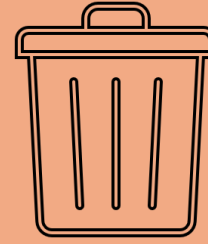
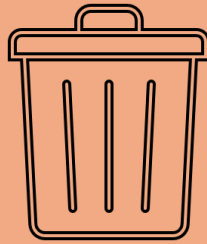
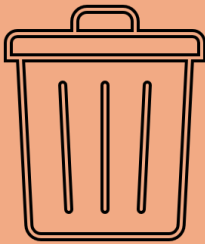
Q. What can you do to reduce the food waste of packaged food at home?

A: You can't.

B: Prepare the items with the longest shelf life first.

C: Prepare the items with the shortest shelf life first.

Source: Heleverden Skole

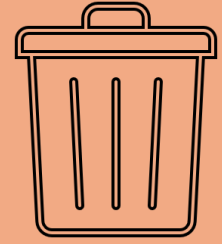
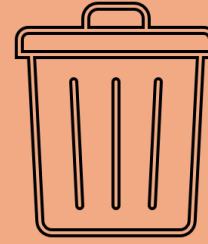
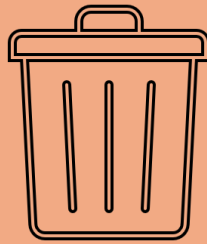
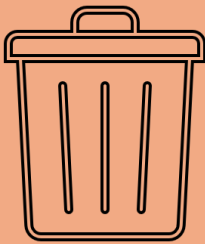


CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT



CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT

CHORIZO
PROJECT

Question Card

Q. How can you encourage your family to reduce food waste?

A. Suggest creative ways to use all the food

B. Buy more food than needed

C. Refuse to eat leftovers

Question Card

Q. What proportion of food is wasted annually in the world?

A: about 1/2 of what is produced

B: about 1/3 of what is produced

C: about 1/4 More than 1.600.000 tons

Source: EU commission, 2021

Question Card

Q. Food waste happens at different stages in the food chain. Where do you think most food waste happens?

A: During the production of the food (the processes of making the food before it is sold)

B: During retailing (people buying food)

C: During consumption (people eating the food)

Source: EU commission, 2022

Question Card

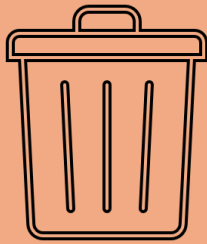
Q. In average, how much food does a European people throw away per year?

A: Around 24 kg

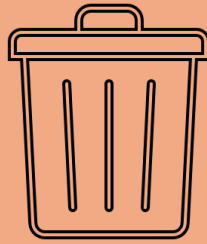
B: Around 66 kg

C: Around 132 kg

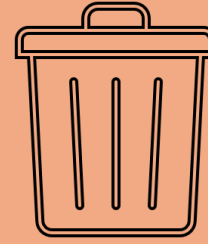
Source: EU commission, 2024



CHORIZO
PROJECT



CHORIZO
PROJECT



CHORIZO
PROJECT



CHORIZO
PROJECT