

<p><u>Action Card</u></p> <p>You tell a friend that their food looks disgusting. Now the friend does not feel like eating in front of others.</p> <p>Move back 3 spaces.</p>	<p><u>Action Card</u></p> <p>Many of your classmates throw away their leftover food. You choose to do differently by saving your food for later.</p> <p>Move forward 3 spaces.</p>	<p><u>Action Card</u></p> <p>You put a huge portion of food on your plate and can only eat half. So, you decide to throw away half you cannot eat.</p> <p>Move back 3 spaces</p>	<p><u>Action Card</u></p> <p>You and your class have become really good at supporting each other in avoiding food waste.</p> <p>Move forward 3 spaces</p>
<p><u>Action Card</u></p> <p>You prank your family by turning off the refrigerator. You will have to throw out all the food.</p> <p>Move back 3 spaces.</p>	<p><u>Action Card</u></p> <p>Your banana has turned brown and mushy. Instead of throwing it away, you put it in the freezer so that it can be used for making banana bread or a smoothie.</p> <p>Move forward 3 spaces.</p>	<p><u>Action Card</u></p> <p>Your new TikTok or YouTube channel exclusively promotes very unhealthy food.</p> <p>Move back 3 spaces.</p>	<p><u>Action Card</u></p> <p>You want to live climate-friendly, and you have started to reduce your food waste.</p> <p>Move forward 3 spaces.</p>



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<p><u>Action Card</u></p> <p>You have started to help your parents to prepare your lunch or meal, so you are sure to get what you like.</p> <p>Move 3 spaces forward.</p>	<p><u>Action Card</u></p> <p>You think rye bread is too boring. You throw it out and choose to eat candy instead.</p> <p>Move back 3 spaces.</p>	<p><u>Action Card</u></p> <p>You think rye bread is too boring. You tell your parents that you would like something else.</p> <p>Move 3 spaces forward.</p>	<p><u>Action Card</u></p> <p>You and your friends have actively participated in an ‘avoid food waste’ workshop.</p> <p>Move 3 spaces forward.</p>
<p><u>Action Card</u></p> <p>You are very creative in reusing and not wasting food.</p> <p>Move back 3 spaces.</p>	<p><u>Action Card</u></p> <p>Apparently, your parents have no idea about what food you like and do not like. So, you tell them.</p> <p>Move forward 3 spaces</p>	<p><u>Action Card</u></p> <p>You have been given the world's ugliest apple for your school lunch. You immediately throw it out.</p> <p>Move back 3 spaces.</p>	<p><u>Action Card</u></p> <p>You use tomatoes to show that you can juggle, but all splatter onto the floor.</p> <p>Move back 3 spaces.</p>



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Action Card

You divide all food into two categories: “cool” and “uncool”. You throw all the uncool food away.

Move back 3 spaces.

Action Card

You divide all food into two categories: Cool and uncool. You think fresh fruits and vegetables are uncool food.

Move back 3 spaces

Action Card

Food waste? You have no idea about what that is.

Move back 3 spaces.

Action Card

You hide your surplus food under your bed. No one understands why your room smells so bad.

Move back 3 spaces.

Action Card

You pull a prank on your classmates, so everyone must throw their lunch in the trash.

Move back 3 spaces.

Action Card

You always throw out all the “uncool” food in your lunchbox and only eat the “cool” food.

Move back 3 spaces.

Action Card

You always check the expiry date when you shop and usually take the one with the shortest shelf life to avoid food waste.

Move forward 3 spaces.

Action Card

When you go shopping, you buy the ugliest fruits and vegetables as a way to save them from food waste.

Move forward 3 spaces.



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<p><u>Action Card</u></p> <p>You have created a video that talks about avoiding food waste and sharing with family and friends.</p> <p>Move forward 3 spaces.</p>	<p><u>Action Card</u></p> <p>You shared extra food with friends, family, or those in need.</p> <p>Move forward 3 spaces</p>	<p><u>Action Card</u></p> <p>You helped plan your meals and made a shopping list to buy only what was needed.</p> <p>Move forward 3 spaces</p>	<p><u>Action Card</u></p> <p>You turned food scraps into compost to help plants grow.</p> <p>Move forward 3 spaces</p>
<p><u>Action Card</u></p> <p>You used leftovers foods to make delicious meals and snacks.</p> <p>Move forward 3 spaces</p>	<p><u>Action Card</u></p> <p>You do not like to reuse leftover meals to make delicious meals and snacks.</p> <p>Move back 3 spaces.</p>		



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